

PROTECTION AGAINST TICK-BORNE ENCEPHALITIS

TBE Vaccination with Encepur

We follow Folkhälsomyndigheten's national recommendations and Smittskydd Stockholm's guidelines — your vaccination schedule is tailored to your age and health.

01 Vaccination schedules

<p>UNDER 50 · STANDARD</p> <h3>Standard schedule</h3> <p>Day 0 · 1–3 mo · 5–12 mo</p> <p>Three doses in the first year. Ideally started in cold season. First booster after 3 years, then every 5–10 years.</p>	<p>50+ OR IMMUNOCOMPROMISED</p> <h3>Extended schedule</h3> <p>Day 0 · 1 mo · +1–2 mo · 5–12 mo</p> <p>Four doses in the first year per Swedish guidance. An additional dose is needed for full protection. Booster after 3 years, then every 5 years.</p>	<p>FASTER START · UNDER 50</p> <h3>Rapid schedule</h3> <p>Day 0 · Day 14 · 5–12 mo</p> <p>When you need protection sooner but can complete dose 3 later. Protection within 2 weeks of dose 2. Healthy adults under 50 only.</p>	<p>WHEN TIME IS CRITICAL · UNDER 50</p> <h3>Express</h3> <p>Day 0 · Day 7 · Day 21</p> <p>Full protection within ~6–7 weeks. For imminent travel. Healthy adults under 50 only. First booster after 12–18 months.</p>
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Important: We follow Swedish national practice. If you are 50 or older, or have a weakened immune system, you need **four doses** in the first year — not three. The Express schedule is not used for these groups. This differs from the manufacturer's international recommendation but follows Folkhälsomyndigheten, Smittskydd Stockholm, and Svenska Infektionsläkarföreningen guidelines. If you were vaccinated abroad on a different schedule, please bring your records — we will assess what catch-up is needed.

02 Booster doses

- **Under 50:** booster every 5–10 years (if you received at least 4 doses before age 50).
- **50 or older, or vaccinated after 50:** booster every 5 years.
- **Immunocompromised:** every 3–5 years, optionally with serology check.

03 How the appointment works

- **Before the vaccination.** We review your health, allergies, and medications. Please bring your previous vaccination record if you have one.
- **The vaccination.** The injection is given in the upper-arm muscle (deltoid).
- **After the injection.** You stay 15 minutes at the clinic for observation.
- **Booking.** We book all doses plus your first booster already at the first visit.

04 Common reactions

Most reactions are mild and resolve within a few days:

- Pain, redness, or swelling at the injection site
- Mild fever, fatigue, or headache (usually after dose 1)
- Influenza-like symptoms that resolve within 72 hours

Serious side effects are very rare.

05 When should you wait?

- Acute infection with fever above 38 °C
- Severe allergy to egg, neomycin, or gentamicin
- Pregnancy — discuss with physician (breastfeeding is not a contraindication)

06 Documentation

After each dose you receive an updated vaccination card, confirmation of your next appointment, and written information on our letterhead. Once the primary series is complete, we issue a formal vaccination certificate — useful for travel and embassy purposes.